



Dear Friend,

Who wants drama? When it comes to senior services and what's going on in government, most of us want reliability. While chaos continues to come from Washington as the Trump administration works to cut crucial programs like Medicaid and Meals on Wheels, and rumors of slowing social security benefits, I'm doing everything in my power at the state level to push back and protect access to the benefits and services you've worked and paid for through a lifetime.

This newsletter will provide you with helpful resources that you may need, in addition to information about important legislation we've recently advanced in the Legislature.

If you ever need assistance navigating state government or would like to share feedback or suggestions, you can contact my office via email or by phone. Here's how:

- **Lansing office:** (517) 373-2426
- **Toll-free:** (855) 347-8014
- **Email:** SenSShink@senate.michigan.gov



Working for you,

Sue Shink

Sue Shink
State Senator
District 14

Senior Services

If you're looking for information on senior services available in Jackson and Washtenaw Counties, check out the information below:

JACKSON COUNTY

Jackson County Dept. on Aging
1715 Lansing Ave., Jackson, MI 49202
Web: co.jackson.mi.us/621/Our-Services
Toll-Free: (800) 788-3579

WellWise Services Area Agency on Aging
107 Chicago St., Brooklyn, MI 49230
Web: wellwiseservices.org
Email: Info@WellWiseServices.org
Phone: (517) 592-1974

WASHTENAW COUNTY

AgeWays – Area Agency on Aging
Web: ageways.org
Toll-Free: (800) 852-7795
TTY: (800) 649-3777



State Senator
Sue Shink
P.O. Box 30036
Lansing, MI 48909-7536

Prepared by the Michigan Legislature

SS0825

PRSRT STD
U.S. POSTAGE
PAID
LANSING, MI
PERMIT NO. 1200



Resources and Updates for

THRIVING SENIORS



State Senator Sue Shink

ENERGETICALLY SERVING JACKSON
AND WASHTENAW COUNTIES



Lowering Costs for Seniors

The burden of rising costs of living falls hard on seniors. That’s why I’ve been focused on lowering costs in all aspects of everyday life for Michigan seniors by:

- Repealing the unfair retirement tax, **saving nearly 500,000 seniors \$1,000 every year.**
- Establishing a **Prescription Drug Affordability Board** to rein in the rising cost of medications.
- Investing in **affordable housing projects** for veterans and seniors.
- Enhancing support for **food assistance programs**, like SNAP and Double-Up Food Bucks.

Fighting Abuse & Exploitation

To reduce the growing incidence of elder abuse and exploitation, I recently voted to pass legislation that would better prevent, detect, and prosecute all forms of elder abuse by:

- Enhancing **protections** for vulnerable adults.
- Bolstering **financial exploitation** penalties.
- Increasing **support services** for vulnerable adults.

Meals on Wheels

We deserve every opportunity to age safely at home. Sometimes that means having meals delivered. If you, or a senior you know, cannot cook for yourself or are struggling to pay for food, Meals on Wheels can help. Below are some local resources that can help you.

Crouch Senior Center

1715 Lansing Ave., Jackson
(517) 788-4364

Food with Friends - King Recreation Center

1107 Adrian St., Jackson
(517) 788-4067

St. Aidan’s Church

361 Grove St., Michigan Center
(517) 764-2950

Napoleon Township Hall

6755 Brooklyn Rd, Napoleon
(517) 536-8694

Norvell Township Hall

300 Mill Rd, Brooklyn
(517) 536-4370

Park Forest

3300 Spirea Court, (Blackman Township), Jackson
(517) 787-9750

Spring Arbor

122 Starr St., Spring Arbor
(517) 750-1010

Grass Lake Senior Center

373 Lakeside Dr., Grass Lake
(517) 522-8466

Chelsea Senior Center

512 Washington St., Chelsea
(734) 475-9242

Dexter Senior Center

7720 Ann Arbor St., Dexter
(734) 426-7737

Jewish Community Center

2935 Birch Hollow Dr., Ann Arbor
(734) 971-0990

Northfield Twp. Community Center

9101 Main St., Whitmore Lake
(734) 449-2295

Turner Senior Wellness Center

2401 Plymouth Rd., Ann Arbor
(734) 998-9353

For additional information or eligibility, contact Meals on Wheels Office at (517) 788-4364.



Useful Senior Service Numbers

Adult Home Help/Chore Services

(800) 292-2550

Adult Protective Services, for reports of suspected abuse and neglect

(855) 444-3911

Area Agency on Aging

(517) 788-4364

Attorney General, Consumer Protection Division, for cases of identity theft

(877) 765-8388

Attorney General, Office of Elder Abuse

(800) 242-2873

Bridge Card (EBT) – Customer Service

(888) 678-8914

COVID-19 Hotline

(888) 535-6136

Disability Ombudsman

(800) 288-5923

National Domestic Violence Hotline

(800) 799-7233

Elder Care Services

(800) 677-1116

Elder Law of Michigan, Inc.

(866) 400-9164

Medicaid Customer Help

(800) 642-3195

Medicare, includes Part D for pharmacy

(888) 633-4227

Michigan Stroke Network

(866) 522-8676

Michigan Veterans Affairs Agency

(800) 642-4838

Michigan Stay Well Counselors

888-535-6136 and press “8”

National Alliance on Mental Illness Headquarters

(517) 485-4049

Nursing Home Complaints

(800) 882-6006

Relay Center for Deaf and Hard of Hearing

7-1-1

Sexual Assault Crisis Intervention

(517) 372-6666

Social Security Administration

(800) 772-1213

State SSI Supplement

(800) 481-4774

Substance Abuse Hotline

(800) 662-4357

Suicide Prevention Crisis Hotline

(800) 273-8255

THAW – The Heat and Warmth Fund

(800) 866-THAW (8429)

For help with services or if you are not sure who to contact for help, call 2-1-1